

# VILA DE PRADO 20 VILAVERDE 13

**CANOE MARATHON EUROPEAN CHAMPIONSHIP** 

6 - 9th June

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## **Welcome to Portugal**

Dear Sports Friends,

We are only a few days distance to host the first Canoe Marathon European Championships in Prado - Vila Verde.

More than 400 athletes are expected to arrive to Portugal next week, representing a total of 20 countries.

It is a great honor for us to receive you in this event, as we are doing every effort to give you full conditions to participate in this huge event.

With this document we want to give you all useful Information for your stay in Portugal and participation in this event.

Have a safe trip to Portugal and we see you soon...

The Competition Manager Jose Sousa

## Organizing Committee & Officials

# **Participating Nations**

Chief Official
Safety Officer
<b>Competition Manager</b>
Technical Organiser
Chief Course Umpire
Starter
Chief Finish Line Judge
Announcer
Chief Raft Marshall
Boat Scrutineer
Chief Portage Umpire
Course Umpires

**Local Organization** Vila Verde City Hall

Prado Nautical Club Horácio Lima

Jorn Cronberg, ECA Ruud Heijselaar, NED
José Sousa, POR
Marcos Oliveira, POR
Alan Laws, GBR
Ruud Heijselaar, NED
Hugo Gomes, POR
Jim Rossiter, GBR
Christine Laws, GBR
Ria Faas, NED
Han Faas, NED
Maria Jesús Llevot, ESP
António Peniche, POR
Nicola Bevilacqua, ITA
Edwige Bakkaus, FRA
Peter Janza, HUN
György Denes, HUN
Sarah Swallow, GBR

Jim Rossiter, GBR
Christine Laws, GBR
Ria Faas, NED
Han Faas, NED
Maria Jesús Llevot, ESP
António Peniche, POR
Nicola Bevilacqua, ITA
Edwige Bakkaus, FRA
Peter Janza, HUN
György Denes, HUN
Sarah Swallow, GBR
Adelino Machado

1	BEL	Belgium
2	CRO	Croatia
3	CZE	Czech Republic
4	DEN	Denmark
5	ESP	Spain
6	FRA	France
7	GBR	Great britan
8	GER	Germany
9	HUN	Hungary
17	IRL	Ireland
10	ITA	Italy
16	NED	Netherdands
11	NOR	Norway
12	POL	Poland
13	POR	Portugal
14	RUS	Russia
18	SLO	Slovenia
15	SWE	Sweden
19	UKR	Ukraine

# **SCHEDULE**

Race nr	Date	Time	Description			
	Thurday June 6th		Team Leaders Metting			
	Thurday June 6th Thurday June 6th	17:00 18:30	Opening Cerimony  Bus to Hotel			
	Friday June 7th Friday June 7th	09:00 09:25	Start raft marshalling juniors Raft marshalling closing			
				laps	Km	
	Friday June 7th	09:30				
	Friday June 7th	09:33				
	Friday June 7th	09:40				
	Friday June 7th		Start raft marshalling			
	Friday June 7th		Raft marshalling closing			
	Friday June 7th		K1 Women Under23			
	Friday June 7th		C1 Men Under23			
	Friday June 7th		Start raft marshalling			
	Friday June 7th		Raft marshalling closing			
	Friday June 7th		K1 Men Under23		25,8	
	Saturday June 8th	09:00	Start raft marshalling juniors			
	Saturday June 8th	09:25	Raft marshalling closing			
	Saturday June 8th	09:30				
8	Saturday June 8th	09:33				
	Saturday June 8th	09:40				
	Saturday June 8th		Start raft marshalling			
	Saturday June 8th		Raft marshalling closing			
	Saturday June 8th				25,8	
	Saturday June 8th				25,8	
	Saturday June 8th		Start raft marshalling			
	Saturday June 8th		Raft marshalling closing			
	Saturday June 8th					
	Sunday June 9th	09:00	Start raft marshalling			
	Sunday June 9th	09:25	Raft marshalling closing			
	Sunday June 9th	09:30			25,8	
	Sunday June 9th	09:35			25,8	
	Sunday June 9th		Start raft marshalling			
	Sunday June 9th		Raft marshalling closing			
	Sunday June 9th					

#### Start list

A provisional start list is already available at http://vilaverdemarathonec2013.com, including all nations team members lists and IDS. Any changes to this list must be submitted during Team Leaders meeting.

#### **Accreditation**

The Accreditation Centre is located at the nautical Club main entrance hall. All participants will arrive directly to the Accreditation Centre. If the arrival of the team to the airport is too late in the evening, then the transport will be to the Hotel.

All teams must pay their dues in order to receive the accreditation cards and access to the venue. All Amounts, including Accommodation and meals, Transport and cancelations fees, if applicable, must be paid before getting the accreditation.

Teams that haven't booked accommodation with the organization also have also to pay the daily fee before getting the accreditation cards.

All participants of the competition must be accredited. No access is possible to the course without the accreditation card.

There will be two desks at the accreditation. The first is dedicated to the finance issues. The second is dedicated to the production of the accreditation cards and delivery of the objects to the team's leader.

Only the team leader needs to proceed to the accreditation desks to collect the accreditation cards and other objects for the team.

Because many of the teams did not enter correct pictures of their members in the online system, the organization will need the presence of some athletes at in the accreditations desk to take pictures and produce the cards.

The list of the members whose pictures are missing will be given to the team leader during the transport from the Airport.

Objects to be received by the team leader at Accreditation desk:

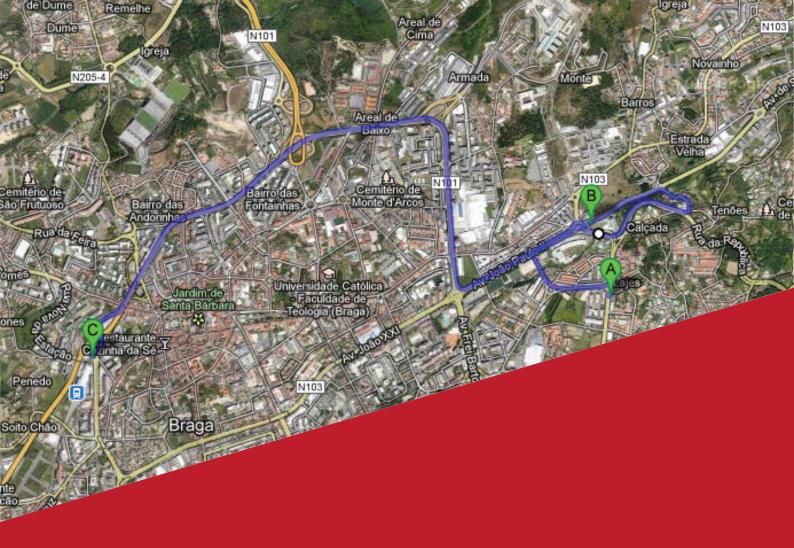
- Accreditation Card for all Team Members
- Team leaders Baa
- Body Numbers
- Sticker for 9 seat Bus Parking
- Pins for body numbers
- Provisional start List
- Departure Information form
- Last info bulletin
- Nation Stickers
- Invitation for team leaders dinner

Before leaving the Accreditation centre all team leaders will need to provide their mobile phone number so that they can be reached anytime during the competition.

About payments to be made upon arrival at the accreditation the organization inform that only CASH (EUROS) will be accepted.

There is a bank in the centre of the villa, but only until 3pm. If you need assistance to go to the bank ask us and we will drive you.

The accreditation system follows the Olympic and ICF guidelines.



## **Accommodation**

The organization has made partnerships with three hotels in Braga:

#### A - Hotel Lamaçães \*\*

Avenida Dom João II 75 4715-313 Nogueiró, Braga 253 603 680

#### **B - HOTEL MELIA \*\*\*\***

Avenida General Carrilho da Silva Pinto 8 , Tenões 4715-380 Braga 253 144 000

#### C - Hotel Axis \*\*\*

Largo da Estação 4700-223 Maximinos - Braga 253 148 000

#### Meals

All teams that have booked accommodation with the organization have lunch included at the Venue, since their arrival until Sunday, June 9th.

There will be a restaurant exclusively for teams. Meals will be served between 11:00 and 15:00.

The access to the restaurant will be controlled by barcode of the Accreditation card.

Only persons with the restaurant symbol in the card will be allowed available to access.

Dinner will be served in the hotels where the teams are accommodated from 19:00.

For teams staying in Hotel Lamaçães dinner wi be server in a restaurant next to the Hotel, named PIVIDÉM 3

Everyone is asked to wear their accreditation cards for dinner too.

Breakfast is also provided at the hotels from 6:30 am

If you team wants to have lunch at the venue and did not book accommodation with the Organization, lunch tickets can be bought at the nautical club reception for the price of 7,5 euros.

## **Transportation**

Bus shuttles will be provided for the journey between the Airport and the Venue/Hotel for teams that have asked for this service

Please find the welcome desk at the airport arrivals terminal. The volunteer will guide your team until you get to us.

Organization has also prepared a daily shuttle service, to transport teams from the hotel to the venue and vice-versa.

Provisional plan

June 4th 7th and 9th

Hotel -> Venue

7:30 - 9:00 - 11:00

For Hotel Melia and Lamaçaes there is an extra Bus at 7:45 and 9:45

Venue-> Hotel

14.00 - 15.30 - 17.30 - 18.30

This service will be only from 7 to 9th June. Find the Bus that will go to your hotel, it will be a board identifying the shuttle.

## **Opening Ceremony**

This event will take place on Thursday June 6th at 17:00h, starting at the Nautical Club.

All team members are asked to be present in this ceremony.

Organization will need all members of each team (dressed in national clothes) to hold the national flags and to go in the parade until the centre of the Vila. Please come to the Nautical Club entrance until 16:45.

There will be a shuttle to the hotels at 18:30 in the end of this Ceremony, departing from the centre of the villa.

## **Team leaders Meeting**

Team leaders meeting will be on June 6 at 14:00 at the Nautical Club

Only the Team Manager and Senior coach for each Nation will be eligible to attend the team leaders meeting.

#### AGENDA TEAM LEADERS MEETING

1. Welcome by Jorn Cronberg, Chairman ICF Canoe Marathon Committee and ECA technical delegate

2. Roll Call of the nations Alan Laws

3. Introduction of main officials for the World Championships Jorn Cronberg

4. Confirmation of event time table Ruud Heijselaar

5. Information of location of specific events, European Championships Organizer

6. Course details Alan Laws

7. Confirmation of entries AlanLaws/Ruud Heijselaar

8. Other matters Jorn Cronberg

There will be made a brief report of the meeting. You can find this report at 19:00 in your information boxes at the info desk.

## PLAN OF THE COMPETITION AREA

**MMM** ACCESS CONTROL

A. CAMPING
B. BUS PARKING
C. COMMERCIAL ZONE
D. LUNCH ZONE
E. TEAMS AND OC PARKING
F. TECHNICAL AREA
G. TRAILERS PARKING
H. TEAMS BOATS
I. TEAMS BOATS
I. TEAMS BOATS
I. TEAMS AND OC PARKING
K. ECA OFFICE
L. MEDICAL CENTER
M. PRESS ROOM
N. PUBLIC STANDS
O. MEDICAL SUPPORT
P. PODIUM
O. SECOND BOAT CONTROL
R. PREPARATION CEREMONY
S.FINISH TOWER
T. PORTAGE
U. SHOWERS
V. WCS

#### Info desk

There will be an information office adjacent to the accreditation desk in the administration centre.

Notices, signposting the various area will be prominently displayed.

Team notices, brief report team leaders meeting, changes to the programme and any information that is necessary to give to team managers will be available from a series of letter places, which will be situated close to the main officials centre.

## **Boat measuring**

Boat measuring will be carried out for the first 4 arrival boats after each race. It is possible to measure boats before the race, see the correct place on the map.

#### **Boat numbering**

The boats will be numbered with vertical plastic numbers provided by the organizers and these will be fixed on to the back of the boat (K-boats) by the means of a plastic slot, which must be screwed, to the deck of the boat.

Team Managers will ensure that all boats are equipped with suitable number slots.

the boat numbers will be distribute after the team leaders meeting (same time as the minutes of the meeting). All numbers must be returned at the info point in the end of the races.

Boat repairs or assistance with boat problems will be provided by the officials and they should consult the main repair official who will be available in the boats shed area.

The organization provide each nation with 2 nation stickers for each boat in the race which you have to stick on your boat, if possible both at the front-side of the boat.

#### Start procedure

Starter is Ruud Heijselaar.

All classes start positions have been completed by random draw and you will find the draw positions on the Start List, in a column before the boat number.

The draw positions are numbered from the left facing in the direction of the course.

Boats will line up in a numerical order and there will be one official to hold each competitors boat.

Launching on to the water will only be from the indicated rafts and this will be a controlled area, the officials will check each persons boat on to the water. The boat must be on the boat in an undamaged state.

Paddlers will only be allowed onto the water with their correct boat and also be correctly attired in their National or club racing dress.

There will be a warm up behind the start pontoon for all races. The starter will call the paddlers to the start line.

Please ensure that paddlers approach their starting point as quickly as possible in order that the starts may commence on time.

ALL BOATS RACING HAVE TO BE ON THE WATER WELL BEFORE THEIR START TIME

THE STARTER WILL NOT WAIT FOR LATE PADDLERS.

The starter commands will be clearly heard by all the competitors through loud speakers placed at several points along the starting pontoon.

All his commands will be in English and the start command will be READY - GO.

Please note rule 22 and the possibility of time penalties.

The timing and race results will be dealt with at the finish tower and access to this area will only be available to the Competition Committee, main event officials.

Video finish equipment is installed and will be used where applicable.

The finish line is between two red buoys. The exact line will be one meter before the buoys line.

An audible siren will identify the finish of each paddler.

After the finish the competitors have to disembark at the start pontoon.

PLEASE NOT RULE 27 WHERE IT IS NOT PERMITTED FOR ONE CLASS TO WASHRIDE BOATS FROM ANOTHER CLASS. THE NORMAL PENALTY FOR THIS RULE INFRINGEMENT WOULD BE A PENALTY OR DISQUALIFICATION.

SEE ATTACHMENT WITH THE NEW RULES.

#### Finish area

Paddlers should clear the finish area as soon as possible and must not under any circumstances cross the finish line twice.

All disembarkation must be at the point indicated on the map of the course area.

#### Portage restrictions

# It is very important to know that NO ASSISTANCE WILL BE PERMITTED DURING THE FIRST PORTAGE!

Due to the high number of paddlers, the marshals who will be in control of the portage area will be strict and if you do not give drinks or food you are not allowed to be in feeding area at all.

Only a maximum of two officials per team, as previously indicated will be allowed to feed paddlers and these must be in possession of accreditation card and be dressed in their official team tracksuit or vest.

Only one helper a boat (K2, C2 or K1) is allowed to give support.

Marshals will be instructed to ask other team officials to stay behind the barriers.

# None of the helpers are allowed to enter the non-feeding area.

With competitors running at high speed, with canoes on their shoulders, with restricted vision it is important for safety that the marshal's instructions are obeyed.

Helpers should not stop suddenly after helping their paddler as there may well be another boat coming behind them and the paddler of this second boat may not see you. Go to the end of the feeding lane and return to the beginning by the third lane provided.

#### **Medical attention**

There will be an ambulance stationed at the racing area and because of the radio link with all

sections of the course medical assistance can be readily summoned at short notice.

#### **Medal ceremony**

The medal ceremony will take place after finish of each race on Friday, Saturday and Sunday at Regatta Course in front of the portage.

The procedure will be as follows:

All competitors who are to receive medals should assemble (AFTER FINISH EACH RACE) at the left hand side of the award area noting the order of the awards will be as follows:

Behind them will be three ladies with the medals on cushions then the team leader of the winning national country and the head of delegation.

The event will be announced and the athletes

and officials will march on to the prize giving area.

The medals will be presented by ECA/authorities accompanied by the head of the delegation of the gold medal winners.

After all the presentations on Sunday there be closing speeches, the final one being from the main official. At that time the ECA flag will be lowered. This act of lowered the flag will signify the end of the World Championships.

PLEASE ENSURE THAT ALL PADDLERS RECEIVING MEDALS HAVE FULL NATIONAL TRACK SUITS, NO HATS AND NO SUNGLASSES.

# **Doping control**

Anti-Doping will be held in the Nautical Club medical room. Selected competitors are subject to doping control conforming to ECA regulations.

#### **Press facilities**

The press area allocated in the 2nd floor of the nautical Club will provide all communication facilities.

## **Training facilities**

The Event venue will be available for all competitors for training in the days before the event and there will be free access to the river. However on Wednesday and Thursday (till appr. 16:00) there will be a master European Cup and the portages will be not open for European Championships paddlers during the master competition, only a special area outside the main course is accessible for European Championships paddlers during the master competition.

#### Safety

There will be motorboats with safety umpires covering all the parts of the course and these will be in radio link with the organisers in case of any problems.

#### **Local information**

Details of local information and entertainment will be available from the information desk in the main administrative area.

### **Latest information**

You can find the latest news at http://vilaverdemarathonec2013.com.

#### **ANNEX**

NEW RULES in 2013

#### 29 DISQUALIFICATIONS AND PENALTIES [GR]

a) Any Competitor who attempts to compete in a race by any other than honourablemeans, or who breaks the racing regulations, or who disregards the honourable nature of the racing regulations will be penalised or disqualified for the duration of the race concerned.

b) Failing to follow the correct course Should a competitor have failed to follow the correct course of the race (for example missed a turning buoy) the competitor has broken the racing regulation and will be subject to a penalty.

If the race umpire believes the competitor has gained a small advantage: Time penalty of 15 seconds will be given.

If the competitor has gained a major advantage: Disqualification will be imposed.

Should a buoy be missed as a result of a collision in group racing during a turn this will be investigated and the boat that caused the collision will be disqualified, see below; Collision or damage. The competitor who missed the buoy due to this will not be penalized.

#### c) Collision or damage

Any competitor who is considered by a course umpire or race official to have been responsible for a ICF Canoe Marathon Competition Rules 2013 collision, or who damages the canoe or kayak or paddle of another competitor or unnecessarily deviates from their course may be subject to a penalty.

If it is considered that other paddlers have only had some minor disadvantage as a result of the incident the responsible competitor will get a time penalty of 30 seconds.

If it is considered that the incident has given other paddlers a major unfair disadvantage the penalty will be disagnalification.



www.vilaverdemarathonec2013.com

