

PONTE DE LIMA

EUROPEAN  
CANOE ASSOCIATION



2017 ECA  
CANOE MARATHON  
EUROPEAN  
CHAMPIONSHIPS



INSTITUTO PORTUGUÊS  
DO DESPORTO  
E JUVENTUDE, I. P.



TEAMLEADERS HANDBOOK FOR SENIORS,  
UNDER 23 AND JUNIORS  
29 JUNE — 2 JULY 2017

Organization



Official Partners





## DEAR SPORTS FRIEND

PLEASE FIND ENCLOSED THE FOLLOWING DETAILS:

- 01 COURSE
- 02 PROVISIONAL START TIME TABLE OF EVENTS
- 03 ECA AND NATIONAL OFFICIALS
- 04 PARTICIPATING NATIONS
- 05 ENTRY DETAILS
- 06 NOTES THAT WE HOPE YOU WILL FIND WILL ASSIST ALL YOUR ARRANGEMENTS THROUGHOUT THE COURSE OF THE EVENT



# WELCOME

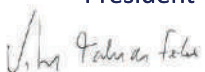
We look forward to entertaining all the Marathon Nations of Europe and the organisers will do everything in their power to ensure that all parties involved enjoy a successful event.

Please come to ask for assistance if there are any problems at all. You will see from the enclosed notes exactly where our information centres are located.

Yours sincerely

ECA and the 2017 European Championships Canoe Marathon Organization,

President



Vitor Félix



President



Vitor Mendes

President



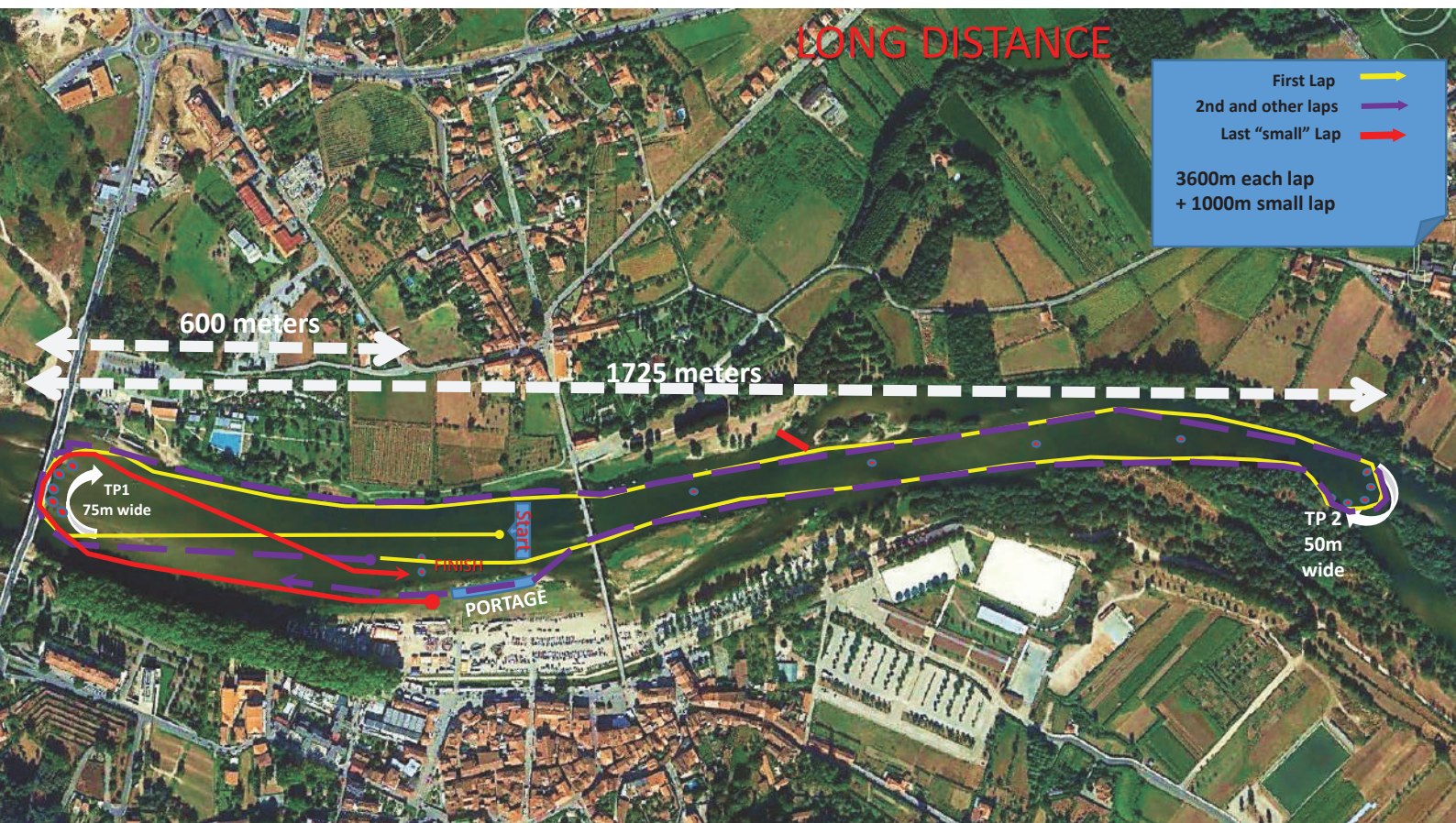
José Carlos Gonçalves



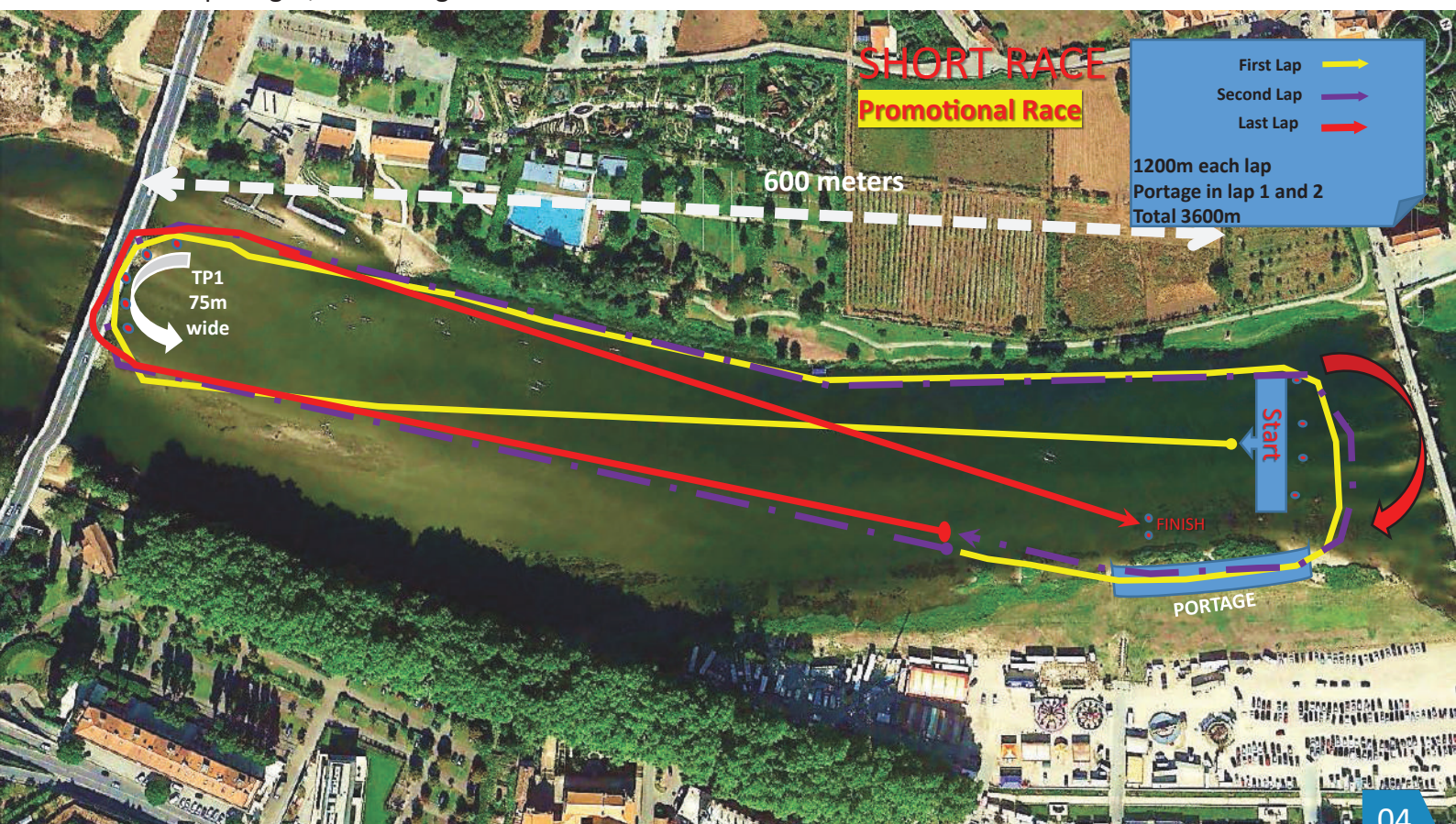


# 01 COURSE

**Long distance:** Number of laps, after first lap no portage and the first portage is after appr.7,2 km (end of the 2nd lap) after the last long lap is the last lap 1 small one. Feeding allowed at all portages.



**Short distance** courses: Number of laps for all classes is 3 laps and 2 portages. For all 2 portages, no feeding allowed in short distance.





## 02 PROVISIONAL START TIMES (SINGLE/DOUBLE)

<b>Tuesday, 27th June</b>				10:00-17:00	European Masters Cup Single races men-woman
<b>Wednesday, 28th June</b>				09:13:00 14:00 18:30-19:30	European Masters Cup Double men-woman Teamleaders Meeting Opening Ceremony
<b>Thursday, 29th June</b>					
RACE 1	9:00 K1	Junior	Women	19Km	5 long laps, 4 portages, 1 small lap Best time 2016 1:35,17 Appr. Finish Time 10:35
RACE 2	9:05 C1	Junior	Women	15,4Km	4 long laps, 3 portages, 1 small lap Best time 2016 1:32,27 Appr. Finish Time 10:37
<b>10:45 Prize Giving ceremony K1 Women Junior &amp; C1 Women Junior</b>					
RACE 3	11:50 K1	Under 23	Women	22,6Km	6 long laps, 5 portages, 1 small lap Best time 2016 1:49,10 Appr. Finish Time 13:39
RACE 4	12:00 C1	Junior	Men	19Km	5 long laps, 4 portages, 1 small lap Best time 2016 1:35,37 Appr. Finish Time 13:35
<b>13:45 Prize Giving ceremony K1 Women U23 &amp; C1 Men Junior</b>					
RACE 5	14:45 K1	Junior	Men	22,6Km	6 long laps, 5 portages, 1 small lap Best time 2016 1:42,26 Appr. Finish Time 16:27
<b>16:45 Prize Giving ceremony K1 Men Junior</b>					
RACE 6	17:30 C1		Women	3,6 km,	3 small laps, 2 portages SHORT RACE FINAL
	17:50 C1		Men	3,6 km,	3 small laps, 2 portages SHORT RACE FINAL
	18:10 K1		Women	3,6 km,	3 small laps, 2 portages SHORT RACE FINAL
	18:30 K1		Men	3,6 km,	3 small laps, 2 portages SHORT RACE FINAL
<b>19:00 Prize Giving ceremony Short Races</b>					

## 02 PROVISIONAL START TIMES (SINGLE/DOUBLE)

### Friday, 30th June

RACE 7	9:00 K2 Junior	Women	19Km 5 long laps, 4 portages, 1 small lap Best time 2016 1:27,03 Appr. Finish Time 10:27
RACE 8	9:05 C1 Under 23	Men	22,6Km 6 long laps, 5 portages, 1 small lap Best time 2016 1:51,48 Appr. Finish Time 10:56

### 11:20 Prize Giving ceremony K2 Women Junior & C1 Men U23

RACE 9	11:50 K2 Junior	Men	22,6Km 6 long laps, 5 portages, 1 small lap Best time 2016 1:33,34 Appr. Finish Time 13:23
RACE 10	11:55 C2 Junior	Men	19Km 5 long laps, 4 portages, 1 small lap Best time 2016 1:29,10 Appr. Finish Time 13:25
RACE 11	14:45 K1 Under 23	Men	26,2Km 7 long laps, 6 portages, 1 small lap Best time 2016 1:52,35 Appr. Finish Time 16:37

### 17:00 Prize Giving ceremony K2 Men Junior, C2 Men Junior & K1 Men U23

### Saturday, 1st July

RACE 12	9:00 C1	Women	19Km 5 long laps, 4 portages, 1 small lap Best time 2016 1:51,10 Appr. Finish Time 10:51
RACE 13	11:50 K1	Women	26,2Km 7 long laps, 6 portages, 1 small lap Best time 2016 2:03,00 Appr. Finish Time 13:53
RACE 14	12:00 C1	Men	26,2Km 7 long laps, 6 portages, 1 small lap Best time 2016 2:00,50 Appr. Finish Time 14:00
RACE 15	14:45 K1	Men	29,8Km 8 long laps, 7 portages, 1 small lap Best time 2016 2:08,31 Appr. Finish Time 16:53

### 17:00 Prize Giving ceremony C1 Women, K1 Women, C1 Men & K1 Men

20:30

TEAMLEADERS DINNER

## 02 PROVISIONAL START TIMES (SINGLE/DOUBLE)

### Sunday, 2nd July

RACE 16 9:00 K2	Women	26,2Km 7 long laps, 6 portages, 1 small lap Best time 2016 1:56,22 Appr. Finish Time 10:56
RACE 17 9:05 C2	Men	26,2Km 7 long laps, 6 portages, 1 small lap Best time 2016 2:00,50 Appr. Finish Time 11:05
RACE 18 12:00 K2	Men	29,8Km 8 long laps, 7 portages, 1 small lap Best time 2016 2:00,41 Appr. Finish Time 14:00

**14:45 Prize Giving ceremony K2 Women, C2 Men & K2 Men**



## 03 ECA AND NATIONAL OFFICIALS AT THE EUROPEAN CHAMPIONSHIPS

Chief Official	Jorn Cronberg	ECA
Dep Chief Official/Safety Officer	Ruud Heijsselaar	NED
Chief Course Umpire/Safety officer	Birger Vik	NOR
Jury		
Chief Finish line	Edwige Bakkaus	FRA
Chief Ceremonies	José Sousa	POR
Competition Manager/ Technical Organiser	Marcos Oliveira	POR
Sport Presentation /Live streaming	Stefan Gustafsson	SWE
SPO Assistant	Brian Chapman	GBR
Commentator	Ivan Lawler	GBR
Announcer (Portuguese)	Carla Pereira	POR
Announcer (English)	Jim Rossiter	GBR
Chief Raft Marshall	Begona Rodriguez	ESP
Raft Marshall/Scrutineer	Sarah Swallow	GBR
Chief Portage umpire	Jan Bache-Wiig	NOR
Penalty box/board/flag	Stefan Schöche	GER
	Lucía M. F. Espiño	ESP
	Hana Chartvatova	CZE
	Hugo Gomez	POR
	Antonio Peniche	POR
	Ali Pendle	GBR
	Yannick Marage	FRA
	Marek Mazur	CZE
	Han Faas	NED
	Stefano Zsigmond	ITA
	Michael Haviar	SVK
	Jose Antonio Modino	ESP
	Sara Álvarez Argüelles	ESP
	György Dénes	HUN
	Péter Janza	HUN



## 04 PARTICIPATING NATIONS

BELGIUM

CZECH REPUBLIC

DENMARK

SPAIN

ESTONIA

FRANCE

GREAT BRITAIN

GERMANY

HUNGARY

IRELAND

ITALY

CROATIA

NETHERLANDS

NORWAY

POLAND

PORTUGAL

RUSSIA

SLOVENIA

SERBIA

SLOVAKIA

SWEDEN

UKRAINE

GEORGIA



## 05 ENTRY DETAILS

AND

06 NOTES THAT WE HOPE YOU WILL FIND  
WILL ASSIST ALL YOUR ARRANGEMENTS  
THROUGHOUT THE COURSE OF THE EVENT

## PLAN OF THE COMPETITION AREA

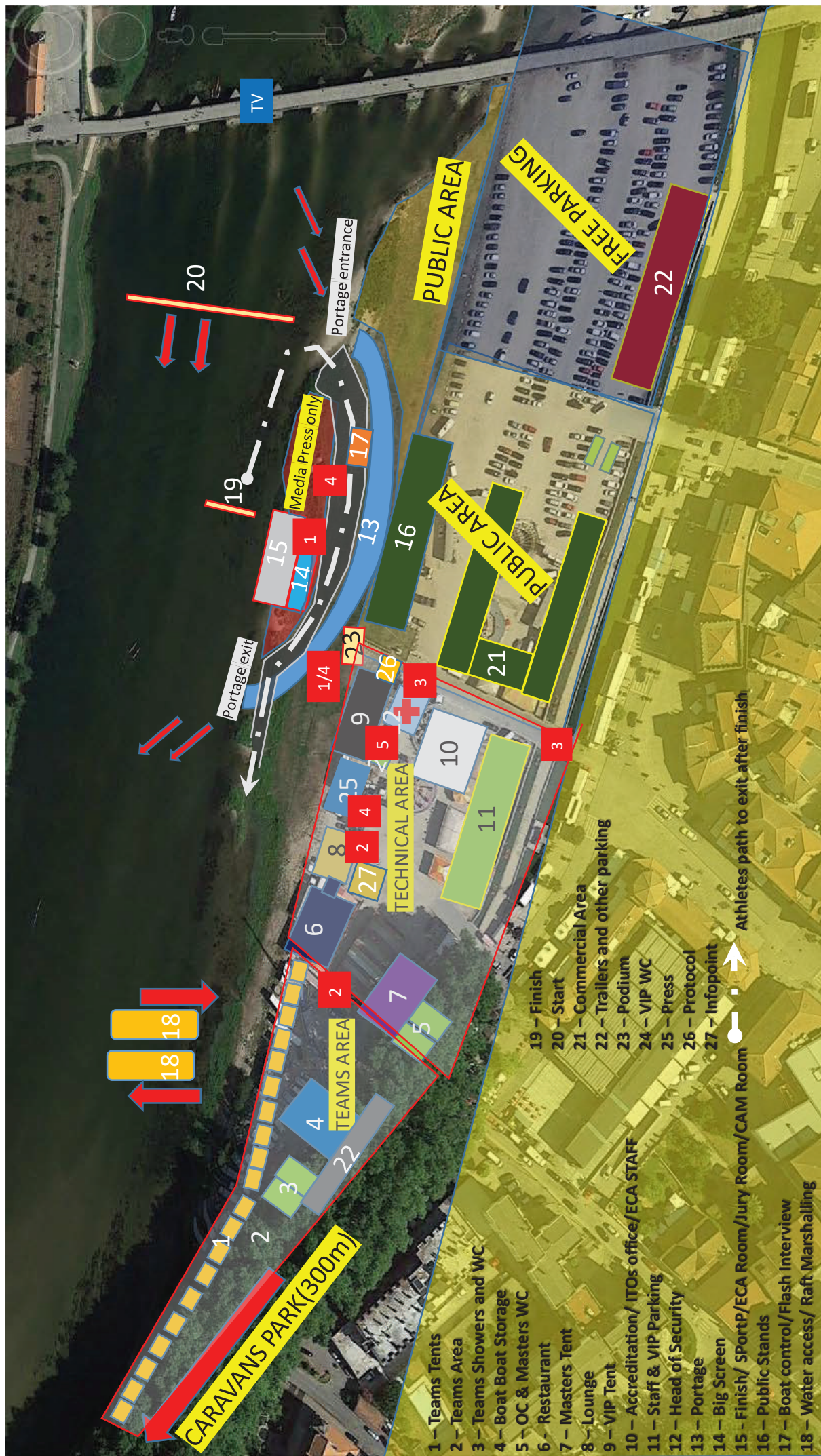
( MAP ON THE FOLLOWING PAGE )

### Access zones

There will be 5 access zones, identified in the layout from 1 to 5.

Please check your accreditation card to see what are the zones you have access to.





# TEAM LEADERS MEETING

**TEAM LEADERS MEETING will be at Clube Náutico Ponte de Lima, in the other shore of the venue at 14:00 in June 28th.**

**Bus shuttle will take all team leaders to the meeting at 13:30 from the venue.**

Only the Team Manager and Senior coach for each Nation will be eligible to attend the team leaders meeting.

## AGENDA TEAM LEADERS MEETING

- |   |                  |
|---|------------------|
| 1. Welcome by Jorn Cronberg, ECA delegate and Chairman ICF Canoe Marathon Committee |                  |
| 2. Roll Call of the nation's  | Ruud Heijsselaar |
| 3. Introduction of main officials for the European Championships                    | Jorn Cronberg    |
| 4. Confirmation of event time table   | Ruud Heijsselaar |
| 5. Course details   | Birger Vik       |
| 6. Confirmation of entries  | Ruud Heijsselaar |
| 7. Other matters  | Jorn Cronberg    |

Only the Team Manager and Senior coach (need accreditation card) for each Nation will be eligible to attend the team leaders meeting. All changes at the Teamleaders meeting has to be given to the Chief Official and fill in at the official Crew Changing forms.

The final start list will be published at 17.00. **You will receive this from the information desk after 17:00. Numbers will issue at the same time and will handed over to you by deposit of € 5 a number.**

## ACCREDITATION

**Accreditation for the European Championships will be included within the package for each team for all their team members and officials, if there are any discrepancies or items missing would you please refer to the accreditation desk which will be situated at the Regatta Course.**

**The desk will be open for long periods in both the morning and afternoon from June 26th, 09:00 -19:00.**

**Whilst it is the organizer's objective to keep restrictions down to a minimum it is inevitable that there must be some area, which will require restricted access.**

**The Boat shed areas will be open to those with a value accreditation card. All other vehicles without passes will have to use the main car park.**



## DISSEMINATION OF INFORMATION

There will be an information office adjacent to the accreditation desk in the administration center (27) Notices, signposting the various area will be prominently displayed.

Team notices, brief report team leaders meeting, changes to the program and any information that is necessary to give to team managers will be available from a series of letter places, which will be situated close to the main office center.

## BOAT MEASURING

Boat measuring will be carried out for the first 4 arrival boats after each race. It is possible to measure boats before the race, see the correct place on the map (4). Weighting of boats will be possible in kayak village.

## BOAT NUMBERING

The boats will be numbered with vertical plastic numbers provided by the organizers and these will be fixed on to the back of the boat (K-boats) by the means of a plastic slot, which must be screwed, to the deck of the boat.

Team Managers will ensure that all boats are equipped with suitable number slots.

Boat repairs or assistance with boat problems will be provided by the officials and they should consult the main repair official who will be available in the boats shed area.

The organization provide each nation with 2 nation stickers for each boat in the race which you have to stick on your boat, if possible both at the front- side of the boat.



# ATHLETES' UNIFORM

We wish to emphasise the requirements for athletes' uniforms in competitions, and we wish to make it clear that paddlers will not be allowed to the start unless the requirements are followed in this respect for the European Championships in Ponte de Lima.

It is compulsory for ALL paddlers racing in ECA events to wear their national costume so the spectators and media can understand their position in the race.

The requirement is limited to the paddlers' top.

All members of the team MUST wear the SAME design of top with the same colour and country identification (logo or country name/abbreviation).

The design of the national top must be sent by the national federations entering for the European Championships to the event organisers together with the nominal entries.

The design information must be in the form of a drawing or photo with colours clearly showing the exact design.





# START PROCEDURE

All classes start positions have been completed by random draw and you will find the draw positions on the website [June 23rd](#) and upon arrival at the Regatta office. Also at the notice boards at several places.

The draw positions are numbered from the left facing in the direction of the course.

Boats will line up in a numerical order and there will be one official to hold each competitor's boat. Launching on to the water will only be from the indicated rafts and this will be a controlled area, the officials will check each person's boat on to the water. The boat must be in an undamaged state.

Paddlers will only be allowed onto the water with their correct boat and also be correctly attired in their National dress.

Warm up area will be on the right-hand side (the finish tower side).

The starter will call the paddlers to the start line.

Please ensure that paddlers approach their starting point as quickly as possible in order that the starts may commence on time.

ALL BOATS RACING HAVE TO BE ON THE WATER WELL BEFORE THEIR START TIME THE STARTER WILL NOT WAIT FOR LATE PADDLERS.

The starter commands will be clearly heard by all the competitors through loud speakers placed at several points along the starting pontoon.

All his commands will be in English and the start command will be READY - GO

[Please note rule 29 and the possibility of time penalties.](#)

The timing and race results will be dealt with at the finish tower and access to this area will only be available to the Competition Committee, main event officials.

Video finish equipment is installed and will be used where applicable.

The finish line is between two red buoys. The exact line will be one meter before the buoys line.

An audible siren will identify the finish of each paddler.

After the finish the competitors have to disembark in the same pontoon they have entered into the water.

PLEASE NOT RULE 26 WHERE IT IS NOT PERMITTED FOR ONE CLASS TO WASHRIDE BOATS FROM ANOTHER CLASS. THE NORMAL PENALTY FOR THIS RULE INFRINGEMENT WOULD BE A PENALTY OR DISQUALIFICATION

## COURSE DETAILS

THERE WILL BE A BIG MAP AT THE NOTICE BOARDS AT SEVERAL PLACES

Map of the course will also be found at the website and the handbook

Disembarkation and embarkation is on pontoon.

The running distance of the portage is on grass, is about 150 metres, feeding area appr. 35 metres

It is very important to know that there is NO PORTAGE AFTER THE FIRST LAP (in normal distance).

## FINISH AREA

Paddlers should clear the finish area as soon as possible and must not under any circumstances cross the finish line twice. All disembarkation must be at the point indicated on the map of the course area. They have to look on their left side if somebody is still on water.

## PORTAGE RESTRICTIONS

Normal distance (After the first lap is no portage), first portage after appr. 7,2 km.

Due to the high number of paddlers, the marshals who will be in control of the portage area will be strict and if you do not give drinks or food if you are not allowed to be in feeding area at all.

Only a maximum of two officials per team, will be allowed to feed paddlers and these must be in possession of accreditation card and be dressed in their official team tracksuit or vest. Jackets with national abbreviations will be issued at the entrance of the portage.

Marshals will be instructed to ask other team officials to stay behind the barriers.

None of the helpers are allowed to enter the non-feeding area, even not support (verbal) paddlers at the barrier between the non-feeding and feeding area.

With competitors running at high speed, with canoes on their shoulders, with restricted vision it is important for safety that the marshal's instructions are obeyed.

Helpers should not stop suddenly after helping their paddler as there may well be another boat coming behind them and the paddler of this second boat may not see you. Go to the end of the feeding lane and return to the beginning by the third lane provided.



## SHORT DISTANCE (Portage after the first lap)

**No feeding allowed** at the short distance races (15 minutes racing). None of the helpers are allowed to enter the feeding or non-feeding area. Only entering of one helper in the non-feeding area, in case of replacement of the paddle or repair boat, is allowed.

## MEDICAL ATTENTION

There will be an ambulance stationed at the racing area and because of the radio link with all sections of the course medical assistance can be readily summoned at short notice.

## MEAL TIMES (For paddlers who have tickets or booked accommodation)

**Breakfast:** Before competition days/ 7:00-9:30 in competition days.

**Lunch:** 12:00-14:00 Before competition days/ 11:30-14:30 (29 and 30 of June); 12:00-15:00 (1 and 2 of July) in competition days.

**Dinner:** 19:00-21:00 Before competition days/ 18:30-20:30 in competition days.

Please note that lunch and dinner for all team accommodated in Ponte de Lima will be served at the venue. Accreditation card mandatory. We will use barcode system.

Teams staying in Viana do Castelo will have dinner at the chosen hotel.

Meals and refreshments for the rest of competitors and spectators will be provided by existing restaurant and snack bar in the venue area.

## ACCOMMODATION

Liaison officers will be on duty from 26.06 to 2.07 at the Info & race office area to help you with the accommodations. On the other times please contact race office.

## TRANSPORT SCHEDULE

The schedule will be published at the noticeboards.

Please note that for the following hotels, as they are very close to the venue (from 150m to 900m), there will be no shuttle system to and from the venue.

Hotel Imperio do Norte

Inlima Hotel

Arc Hotel

Yotuh Hostel

## OPENING CEREMONY

Opening ceremony will be held in the village centre , with a parade of all teams from the venue main entrance (+-300 meters).

We ask all teams to be at the venue with the official training suits to participate in the parade.

This event is very important for the local organizers and for the village of Ponte de Lima so we ask for your presence. Special bus will take you back to hotel(if you are not in the walking distance hotels) after the ceremony, from the venue.

It will be a short parade followed by some speeches and a local show.

Please be in the venue ready to start at 18:00.

Closing ceremony will be at the venue, following the last prize giving ceremony on Sunday afternoon.

It will be a short ceremony with some speeches.

We ask for your presence as a contribute to all effort made from the organizers.

## ACCOUNT PAYMENTS

Please note that all payment for accommodation and accreditation fee must be paid until the team's arrival date in Euros to the event treasurer who will be found in the at accreditation



## BOAT STORAGE

Boats will be able to be stored at the Event venue on racking that can be allocated and there will be 24-hour surveillance to ensure security.

Please advise the event officials if you require any boat storage racking and spaces will be allocated to you.

## MEDAL CEREMONY

For the scheme medal ceremony see time schedule above and the presentation will be done in front of the main tent. [All competitors who receive medals has to be present 15 minutes before schedule time.](#)

The procedure will be as follows:

All competitors who are to receives medals should assemble at the left-hand side of the award area noting the order of the awards will be as follows -

Behind them will be three ladies with the medals on cushions then the team leader of the winning national country and the head of delegation.

The event will be announced and the athletes and officials will march on to the prize giving area.

The medals will be presented by authorities accompanied by the head of the delegation of the gold medal winners.

[PLEASE ENSURE THAT ALL PADDLERS RECEIVING MEDALS HAVE FULL NATIONAL TRACK SUITS, NO HATS AND NO SUNGLASSES.](#)

## PRESS FACILITIES

The press area allocated in a central part of the venue, will provide with communication facilities.

## TRAINING FACILITIES

The Event venue will be available for all competitors for training in the days (see above schedule) before the event and there will be free access to the regatta course. **NO TRAINING DURING MASTER AND SHORT DISTANCE COMPETITION**

## SAFETY

There will be motorboats with safety umpires covering all the parts of the course and these will be in radio link with the organisers in case of any problems.

## LOCAL INFORMATION

Details of local information and entertainment will be available from the information desk in the main administrative area.

## LATEST INFORMATION

You can find the latest news (also start lists) on website [www.canoemarathonportugal.com](http://www.canoemarathonportugal.com)

## STREAMING and TV Broadcast

The complete event will be broadcast and streaming will be available at ECA youtube channel.





# RULES

## 29 DISQUALIFICATIONS AND PENALTIES [GR]

a) Any Competitor who attempts to compete in a race by any other than honorable means, or who breaks the racing regulations, or who disregards the honorable nature of the racing regulations will be penalized or disqualified for the duration of the race concerned.

b) Failing to follow the correct course

Should a competitor have failed to follow the correct course of the race (for example missed a turning buoy) the competitor has broken the racing regulation and will be subject to a penalty.

If the race umpire believes the competitor has gained a small advantage: Time penalty of 15 seconds will be given.

If the competitor has gained a major advantage:

Disqualification will be imposed.

Should a buoy be missed as a result of a collision in group racing during a turn this will be investigated and the boat that caused the collision will be disqualified, see below; Collision or damage. The competitor who missed the buoy due to this will not be penalized.

c) Collision or damage

Any competitor who is considered by a course umpire or race official to have been responsible for a ICF Canoe Marathon Competition Rules 2017 collision, or who damages the canoe or kayak or paddle of another competitor or unnecessarily.

deviates from their course may be subject to a penalty.

If it is considered that other paddlers have only had some minor disadvantage as a result of the incident the responsible competitor will get a time penalty of 30 seconds.

If it is considered that the incident has given other paddlers a major unfair disadvantage the penalty will be disqualification.

## NEW RULE FROM 1.01.2017

### Art.28

#### Finish

New section: Competitors who have been lapped (big lap) will end their race the next time they cross the finish line after the winner has finished their race. They will be recorded in the place they are at that point in the race. This rule applies to European Championships and World Cups.

As this is new and we never done it.

## Implementation

The implementation of this rule may vary slightly depending on the configuration of the course. For the 2017 European Championships and whenever the course configuration makes this method possible the lapped competitor will be recorded as finished and must leave the course the first time [he or she crosses the time recording point at the portage](#) after the winner of the race crosses the finish line.

The results will be recorded showing the number of laps not completed. e.g. (-1 Lap).

## Art. 29 Disqualifications and penalties

[New section: If a competitor is observed by an International Official to throw a drink bag into the water, they will receive a 30 second penalty. The decision is to be confirmed by the Chief Course Umpire and cannot be the subject of an appeal.](#)

## Implementation

Competitors must not dispose of their drink bags or small plastic energy syrup packets while on the water or on the portage pontoons and ramps as bags there may still be knocked into the water by themselves or other competitors. Drink bags and small plastic energy syrup packets must be discarded only on the portage anywhere between the pontoons/ramps. The 30 second penalty will be applied if drink bags or plastic energy syrup packets are disposed of anywhere else on the course during the race.

## PENALTIES

- Penalties that are incurred during the race will be imposed at the portage in the penalty box;
- A [yellow flag](#) will be displayed in the beginning of the portage area when a penalty has been imposed;

There will be a [notice board](#) at the beginning of the portage indicating which boat number has been given a penalty and the length of the penalty. It is the paddlers responsibility to check the penalty board.

The penalised competitor will be required to stop in the penalty box for the designated period at that portage.

The penalty box will be at the end of the portage on the right-hand side.



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**CANOE MARATHON**  
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Organization



Official Partners

