The municipality of Vila Verde, in partnership with the Nautical Club of Prado and Portuguese Canoe Federation would like to welcome you to the north of Portugal.

It is a huge challenge for us to host the 2013 Canoe Marathon European Championship and also the Masters Competition. We decided to move forward with this ambitious organization because we are convinced that we gather all the natural conditions and infrastructure designed to achieve this aim.

In parallel, it is our absolute conviction that all the necessary and exceptional conditions will be created so that the competition is placed at the level of the demands, not only for the organization, as well for the athletes, entourages, assistants and for the general public.

Be conscious that Vila Verde will ensure you a competition at the finest level with all the necessary requirements!

We hope to see you very soon in Cavado River.

Yours faithfully,

The Portuguese Canoe Federation
Mário Santos

The Nautical Club of Prado
Horácio Lima

The Mayor of Vila Verde City Hall
António Vilela
Event title
2013 ECA Canoe Marathon European Championship

Event dates
6 – 9 June 2013

The Country
Portugal

City
Braga

Municipality-Village
Vila Verde - Vila de Prado

About Portugal

Location
Portugal is located on the west side of the Iberian Peninsula, ideally positioned between Spain and the Atlantic Ocean. Portugal’s excellent geographical position makes it a stopover point for many foreign airlines at airports all over the country. Portugal has 5 international airports: Lisbon, Oporto, Faro, Funchal (Madeira) and Ponta Delgada (Azores).

With beautiful beaches, vineyards, sophisticated cities, countryside and palaces, Portugal invokes a romantic notion of breathtaking scenery, rich history and cobbled-stone roads. With such a long sea coast, Portugal has a long term tradition with the water and with water sports, such as Canoeing.

Language
One of the Latin languages, Portuguese is the third most spoken European language in the world and the native tongue of about 200 million people. The Portuguese-speaking countries are scattered all over the world. Portuguese is spoken in Europe (Portugal), in Africa (Angola, Cape Verde, Guinea-Bissau, Mozambique), in South America (Brazil) and in Asia (East Timor, the youngest nation on the world). In Portugal, a considerable number of citizens are able to communicate in English, French and Spanish.

Climate
Portugal has a sunny climate. There are only slight fluctuations in temperature between summer and winter; the overall mean ranges from 25°C in summer to about 14°C in winter. The rainy season begins in November and usually lasts through January. Portugal has 220 days of sun and 3000 hours of sunshine every year.

general information

Portugal I.D.

Official name: Portuguese Republic
GPS: 39 30 N, 8 00 W
Founding of the Portuguese State: 1143
Founding of the Republic: 1910
Political system: Democracy
National symbols: National Flag and the National Hymn
Language: Portuguese
Territorial Organization: two autonomous regions (Azores and Madeira), 18 districts
Capital: Lisbon
Area: 92,142km²
Population: 110,642,836 (July 2007 est.)
Active population: 5,523,000 (2004 est.)
Currency: Euro, divides into 100 centimes
GDP per capita: 14,654 Eur (2006)
GDP - composition by sector: agriculture 7.9%; industry 25.9%; services 66.2% (2007 est.)
About Vila Verde

Location

The Vila Verde Municipality, located in the heart of the Minho province, makes part of the district of Braga. It is limited to the north by the Ponte da Barca Municipality, to the west by the Barcelos and Ponte de Lima Municipalities, to the east by Terras de Bouro and to the southwest by the Amares and Braga Municipalities, from which is separated by the Homem and Cávado rivers respectively. It is located just a few tens of kilometres from the beaches situated along the maritime coastline between the city of Porto and the Spanish province of Galicia, and it is close to the Peneda-Gerês National Park.

The Vila Verde Municipality has a privileged location, which means that its access doesn’t constitute a concern. It will be in the town of Prado, a parish belonging to the Vila Verde Municipality, that the event will take place. Prado is located next to the Cávado river and benefits from privileged conditions for the practice of canoeing, which led to the development of this sport and the coming into existence of the Prado Nautical Club – one of the main drivers of this candidacy.

Climate

Characterized by rainy winters and hot and dry summers, Vila Verde benefits from a moderate climate, with average annual temperatures of 15º C.

Vila Verde Municipality I.D.

Total area: 228.7 Km
GPS: 41°39’05.42”N 8°26’09.37”W
Territorial organization: municipality with 58 parishes
Total residente population: 46.000 inhab 46.579
Due to its ancient times and cultural richness, the Vila Verde Municipality has a vast patrimony, which results from archaeological remains, religious and civil architecture, typical rural scenarios, ethnographic aspects of popular culture, craftwork, traditional gastronomy, green landscape and the rivers that cross it. Parties and church fairs constitute one of the numerous expressions of the religiosity of its inhabitants. These celebrations are characterized by religious and pagan manifestations, which live in communion and complement each other. About 150 of these festive and religious events take place throughout the year at chapels and churches of the municipality and demonstrate, by themselves, the dynamic and religiosity of these people committed to preserving their cultural heritage and to transmitting to the new generations their way of living and feeling.

The pudding ‘Abade de Priscos’, from the known ‘Papa dos Cozinheiros - Abade de Priscos’, original from the parish of Turiz and that became famous due to its highly prized culinary qualities, is one of the delicacies which forms part of our gastronomic heritage and that you should taste. The ‘Pica-no-chão’ is another trump card of the municipality, which led Vila Verde to register the brand ‘Capital do Pica-no-chão’.

It is in this context that the municipality invests and centres its development. That’s why there are so many events putting in evidence this richness, such as: event ‘Namorar Portugal’ (in February), Festas Concelhias em Honra de Santo António (in June), Festa das Colheitas - Feira Mostra de Produtos Regionais e Festival Gastronómico (in October) and 11 gastronomic weekends, where you can find the pudding Abade de Priscos and the Pica no chão.

The natural patrimony of the municipality provides many leisure activities, including, among others, walking, jeep tours, mountain biking and hunting. The Cávado and Homem rivers offer excellent conditions for the practice of canoeing and sport fishing and have wonderful fluvial beaches on the rivers’ banks.

Finally, when visiting Vila Verde, take the change to rest in the rural tourism houses at your disposal in order to feel with more intensity this cozy rural ambience. Vila Verde is situated very close to the city of Braga (13km), the city of Guimarães (38km) and the Gerês mountain (54km), places of obligatory visit in this region of Portugal.
BRAGA

With more than 2000 years of history and located in the North region and the subregion of Cávado, the city of Braga is the district’s capital and also the centre of the Greater Metropolitan Area of Minho (GAM). It is the third biggest city of the country, with 14 municipalities and 800,000 inhabitants.

Located in the heart of the Minho province, Braga finds itself in a region of transition from east to west, between mountains, forests, huge valleys, strips of land, plains and green fields. Lands constructed by the nature and moulded by the man.

Braga is characterized by its religious architecture. In the city centre, it is notable the Cathedral of Braga (Sé de Braga) that combines different styles from the roman to the baroque. Despite its grandness, the Bom Jesus do Monte Church and the Sameira Church compete with it due to their location, which offers a panoramic view of the city. The predominance of the baroque style in the churches of the city granted it the name of ibaquito city. Already at the limit of the city’s borders, it is remarkable the Church and Monastery of Tibães that belonged to the Benedictine order and that have been subject to restorations. In the historical centre, it can also be seen many buildings from the 18th century and the Sta. Bárbara Garden, constructed under the rules of the romantic style.

GUIMARÃES

Guimarães is considered the cradle of Portuguese nationality, because it was here, according to what says the tradition, that was born and was baptized the one that, in 1179, it would come to be crowned the first King of Portugal, D. Afonso Henriques. Furthermore, it was in Guimarães that took place the Battle of S. Mamede, which gave victory to D. Afonso Henriques, thus, enabling him to gain independence for the Condado Portucalense from the Kingdom of León and paving the way for the founding of the Portuguese Nation.

The city’s connection to the foundation of the Portuguese nationality, the building techniques here developed during the Middle Age and the fact that the city illustrates the evolution of different types of construction from the 15th to the 19th centuries contributed for the inscription of Guimarães’ historical centre in the UNESCO List Of World Heritage Sites in December 2001. The requalification to which this area was subject helped turning the historical centre of Guimarães a pleasant space with many students, locals and tourists. Here there are many cultural and recreational activities, especially during summer, which turn the city centre even more attractive. In the historical centre, you can find some monuments as the Nossa Senhora da Oliveira church and the Padrão do Salado (a Gothic shrine), and very close from here you can visit the Guimaraes Castle and the Palace of the Dukes of Bragança.

Tourism
BRAGA, GUIMARÃES, GERÊS
GERÊS

The Vila Verde Municipality is close to the Peneda Gerês National Park, at a distance of some 54km.

Peneda-Gerês National Park is a giant amphitheatre of nature, where the purest of natural resources remain intact, as well as the variety of fauna and flora, its almost savage corners, hide wild horses, boars, wolves, badgers, otters, roebucks and the famous, but rare, royal eagle, but also lookouts and waterfalls.

Today, it shares its stage with adventure tourism, where nature walks, hikes, trails and horseback riding, along with radical sports, are attracting more and more followers.

Among the trails available stands the Roman Military Road. This part of the XVIII road (classified as national Patrimony) of Antonino’s Itinerary, that linked Bracara Augusta (Braga) to Asturica Augusta (Astorga), is an extraordinary roman archaeological complex that maintains, practically intact, along its 30km, bridges, walls, houses and the largest collection of epigraphic milestones in the north-eastern peninsula, many of which exhibit inscriptions that date between the end of the 1st century and the 4th century D.C..

There’s also a selection of Pedestrian trails “On the Path of Miguel Torga”, which place nature lovers in direct contact with the land’s natural and patrimonial riches. In simultaneous, it presents itself as a tribute to one of Portuguese literatures great talents, whom over four decades explored local landscapes, fountain of his inspiration. Offering more than dozen different routes, the difficulty will be choosing!

The Park belongs to the Terras de Bouro Municipality that is crossed by the Cávado and Homem rivers, where the conditions for the practice of nautical sports are especially relevant. The Rio Caldo Marina with its access to the Caniçada Lagoon, nautical sports associations, pleasant restaurants and esplanades, is a place of choice. There are 689 hectares of navigable waters, thanks to the Rio Caldo Vessel, a recreational boat that offers an original touristic-environmental trip. A fun way to discover the region, all year!

You can also visit the Ethnographic Museum, relax at the Gerês Thermal Springs and sample the local cuisine.

If you are spending an extended stay in the region, you might also like to visit Viana do Castelo, Ponte de Lima and Porto.

Getting here

In order to reach Vila Verde (Prado) you have to travel, preferably, to the Oporto airport, thought you can also fly into the Lisbon airport.

Oporto Airport
GPS: N 41º14’19”, W 8º 40’14”, N 41 14.328 W 8 40.234
The Francisco Sá Carneiro Airport is located in the heart of the industrial north of the country, 11km from the city of Oporto, making it a privileged access point to this valuable commercial area.

Porto – Vila Verde (Vila de Prado)
This will be the official airport of the organization for this event. All team members are requested to arrive, preferably, to this airport. There will be a airport transfer fee of 15 euros per person, including return.

By car, take A3 highway in direction of Braga - 52Km; once in Braga, take the exit to Vila Verde (by the Arterial road or the EN101) - 13Km; then, follow the indications to the town of Prado.

If your team arrives to this airport, you will have to contact the organization committee to check extra fees for your transport.

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organising committee

About the organising committee

O.C. The structure of the Organization is defined as shown in the following diagram, with members of the Portuguese Canoeing Federation, Vila Verde City Hall and Prado Nautical Club.

The Portuguese Canoeing Federation has the status of public sports utility, being the maximum legal entity for all the National Canoeing issues, responsible for the organization and regulation of all the competitions in national territory. The Portuguese Canoe Federation already organized several National Championships in this Venue. This great effort is being made to develop the sport, calling more athletes, audiences and sponsors. As part of this plan, the Portuguese Federation wants to organize major events that can help to reach the goals defined.

The ECA Canoe Marathon European Champions 2013, enjoys the support of government authorities, of the Secretary of state of sport and of local authorities.

European Canoe Association
Canoe Marathon Committee

ORGANISING COMMITTEE
José Sousa - Portuguese Canoe Federation
Marcos Oliveira - Portuguese Canoe Federation
Paulo Pereira - Vila Verde City Hall
Adelino Machado - Vila Verde City Hall
Rafael Lima - Vila Verde City Hall
Horácio Lima - Prado Nautical Club

hosting experience

Portuguese Canoe Federation

The Portuguese Canoe Federation has a high experience in International Competitions organization. Especially in Marathon, we are proud about our past in International competitions, like Crestuma Marathon, and the 2009 Marathon World Championship.

This was one of, if not the most, competitive and well organized marathon competition in years, and became the proof of our potential as organizers.

Also, the National Marathon Championships are usually organized in the venue and has more than 500 athletes in a two days race.

Our Officials, staff and other human resources are very well prepared to deal not only with this venue, but also with the number of persons involved in the Europe Championships.
Prado Nautical Club

Prado Nautical Club is a cultural, recreational and sports association, founded in 24th February 1982, whose statutes were published in the Diário da República No 99, Series III, 29th April 1982, and whose subsequent amendment was published in the Diário da República No 287, Series III, 14th December 2000. The Club holds the status of public utility entity since 5th February 2002.

Its main activity consists of the practice of CANOEING, in its training, recreational and competitive aspects. At the moment, the Club has approximately 500 effective members. The Club’s facilities are located in Avenida do Cávado, Faial, in the town of Prado, in a site – nitively granted to the Club by the Vila Verde City Hall.

The town of Prado plays a leading part in the Portuguese canoeing landscape due to the exceptional natural conditions for the practice of this sport and due to the action taken by the Prado Nautical Club, successor of the Rowing and Canoeing Schools (formed in the mid-1960s) of the old Mocidade Portuguesa [Portuguese Youth] and of the old Rowing and Canoeing section of the Prado Sports Group.

The growing adhesion of young people to the practice of Canoeing, as result as the continuous action taken by the Prado Nautical Club in the training and dissemination of this sport, places the Club as an important reference at regional and even national level. The Club’s participation in countless canoeing competitions held throughout the national 27 territory makes it the best means of dissemination of the town of Prado and the municipality in all the country.

The Prado Nautical Club has currently the best sporting performance of the municipality of Vila Verde and one of best of the municipality of Braga. Its athletes take part in world and European championships, Olympic Games and International regattas. It should be noted that the athletes António Brito and Rui Fernandes won a silver medal at the Indoor World Championship, in the Junior K4 500m category; Silvestre Pereira won a silver medal at the Canoe Marathon World Cup, in the Senior C1 category; and Luís Azevedo and Susana Azevedo won a bronze medal at the Canoe Marathon European Championship, in the Senior (Women) K2 category. Also worth emphasising, the presence of Rui Fernandes in the Barcelona and Atlanta Olympic Games, as well as in the Atlanta Olympic Games.

It should also be underlined the career of Emanuel Silva, who won the gold medal at the Indoor World Cup, in the Junior K1 500m and 1000m categories, and the bronze medal at the European Junior Championship in 1000m. As a cadet, he won the gold medal at the Spanish Winter Championship and he has taken part in European and world championships in the Athens and Beijing Olympic Games having achieved excellent results. Finally, in the London Olympic Games Emanuel Silva won a silver medal in the K2 1,000m canoeing race, with Fernando Pimenta.

It must be taken into account the growing activity of the Club in terms of sport, but also, and mainly, in social terms, especially considering the actual problems which ravage the youth (drugs, alcohol, prostitution, unemployment, failure at school).

The protocols on cooperation concluded with Primary and Secondary schools of Prado, in order to promote and provide children a first experience with this sport, turn possible the practice of canoeing by these students (about 150 children) free of charge. As an interdisciplinary area of the subject Physical Education taught in the Secondary school of Prado, the practice of canoeing provided by the Club contributes for the extensive range of activities at students’ disposal. In order to attain the sports and social objectives pursued, the Prado Nautical Club formed a technical team to monitor continuously the students, as well as the competition athletes.
In the last Olympic cycles, the Prado Nautical Club has provided the practice of canoeing to an average of 85 federated athletes. The Prado Nautical Club, as a big association, has also experience in the organization of big sports competitions at national and regional level. Thus, in the last years, among the organization of innumerable sports events, the most relevant are the following:

- 2012 – Canoe Marathon National Championship;
- 2011 – Canoe Marathon National Championship;
- 2010 – Canoe Marathon National Championship;
- 2009 – National Championship Hopes;
- 2007 – Canoe Marathon National Championship;
- 2006 – I Canoe Marathon National Championship;
- 2005 – II Canoe Marathon National Championship;
- 2004 – II Canoe Marathon National Championship;
- Long distance Regional Championship;
- Indoor Regional Championship;
- 2003 – I Canoe Marathon National Championship;
- 2002 – I Canoe Marathon National Championship;
- 2001 – Long distance National Championship Cadets/Infantile;
- In 2008, as a result of the intervention for enlargement and reorganization to which its sports facilities were subject, the Club didn’t organize national competitions, since, in this case, the ideal conditions for those competitions to be carried out were not met.
All entrances to the competition will be free of charge. We will provide temporary structures for leisure. This will include entertainment, food and beverage kiosks, merchandising kiosks, and other activities for the public to enjoy.

Grandstands

There will be a temporary stand with 500 seats capacity. The media and VIP’s zones, including the balcony on the top, will be in a special stand.

Food

This service, located in the public and VIP area, will be made with the local Café/Bar.

Information

The information/results system will be set in 2 steps:

a. In the teams limited area
b. In the public area

Merchandising

There will be official Merchandising of the event that will be available in competition days in the venue.

Event Broadcast

The CO is making every efforts to be able to give to the Canoe World the chance to follow the 2013 Canoe marathon European Championship live, with live streaming of all competition days.

Boat rental

In partnership with NELO, the organization committee asks all national Federation requesting boats for rent, to contact NELO directly to nelom@neol.eu

Immigration and Custom Procedure

All participants are kindly requested to contact the Portuguese Embassy or consulate regarding the visa Requirements.

When required the organizing committee will help in matter of issuing the visas.

PRESS

The organization will provide a press center for local and international media with all conditions. Accreditation can be made upon arrival at OC office.

Additional Information

Daily news and other important information about the competition can be found at the official website www.canoemarathonEC2013.com
Also add our official Facebook page at http://www.facebook.com/EcaCanoeMarathonEuropeanChampionship2013

Language

The official language of the competition will be able English. All the information documents, forms, local identity signs & comments will be in English and mother language of the host Committee, Portuguese.

In order to assure the equal access to information to all the delegation, we will provide Volunteers with interpreter services for French & English and Russian.

Security System

There will be local policy at both venues to assure that everyone is safe and to guarantee that only authorized athletes go into the athlete’s area for example. All the athletes will have a card and must be showed at the venue entrance to prove that they are in the race.

The security plan will be practice by the local security authorities: Portuguese national Guard, Police, Civil protection, fire brigade and Red Cross Portugal.

Anti-doping control

The Doping control will be provide according to the ICF standards, in partnership with the Nationals entities ADOP.

At the venue, it will be located in specific room.

Medical support

The medical center will be divided in two places. One in the athlete’s area and other near the the public stands.

At the venue there will be two ambulances and paramedics that will follow the race on the water as well.

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CAR RENTAL
About accomodation

For this event the OC have made partnerships with several hotels in Braga City.

Hotel Melia
Hotel Mercure
Hotel Ibis
Hotel Lamaçães

Category 1

Hotel Meliá Braga
The Meliá Braga Hotel & Spa adds an impressive new dimension to Braga’s accommodation portfolio. Located a 5-minute walk from the city’s historic centre, this newly-built 5-star hotel has 182 modern rooms, including 20 connecting rooms, 20 executive suites with kitchenette, a presidential suite and 2 rooms specially adapted for handicapped guests, all fully equipped with an LCD cable TV, mini-bar, safe-deposit box, broadband Internet access, air-conditioning and private bathroom. The 150-seat “El Olivo” restaurant offers show-cooking and various themed buffets, while live musical entertainment. Specialising in massage and beauty therapy, the hotel’s El Spa features a gym, sauna, Jacuzzi, Turkish bath and various health treatments. Covering 750 square-metres of space, the on-site congress centre has 7 multi-purpose meeting rooms and a business centre.

Av. General Carlinho da Silva Pinto, nº 8, Tenões, 4715-380 Braga
www.meliabraga.com | melia.braga@solmeliaportugal.com
Tel. +351 253 144 000 | Fax. +351 253 144 009

Hotel Mercure
The Mercure Braga Centro hotel is located a few minutes from the city center, 547 yards (500 m) from the famous Sé cathedral and 1.9 miles (3 km) from the Bom Jesus sanctuary. Whether here for business or leisure, relax in one of our 128 rooms and suites featuring LCD TV, hairdryer and free WiFi. You can also take advantage of our excellent facilities, such as the restaurant, bar and gym. The hotel also has an indoor car park for 250 cars and 3 modern, fully equipped meeting rooms for 150 people.

Praceta João XXI, 4715-036 - BRAGA
www.mercure.com | h8308@accor.com
Tel. +351 253 206 000 | Fax. +351 253 206 010

Category 2

Hotel Ibis
The Ibis Braga hotel is exceptionally located in the center of Braga, close to a range of historic attractions, such as Braga Cathedral, various museums and the Bom Jesus Nature Park. Relax in one of the 72 contemporary rooms of this entirely non-smoking hotel or in the bar and enjoy our services, including Wi-Fi Internet access, 24-hour snack service and paying private indoor car park. The Ibis Braga also has 3 conference rooms.

Rua do Carmo 38, 4700-399 - BRAGA
www.ibis.com | h1802@accor.com
Tel. +351 253 204 800 | Fax. +351 253 204 801

Category 2b

Hotel Lamaçães
The Lamaçães Hotel is located in the city of Braga, near the University of Minho, with excellent access, you found the Lamaçães Hotel with 52 rooms. It is part of Verd’Hotel since 2004. It is a recent hotel that answers with modern norms and exigences that offers to you, the quality and good services in a calm and pleasant environment.

During your stay you will enjoy an high quality service ensured by a team of professionals qualified, that it will be dedicated to you for having a pleasant stay.

Avenida D. João II Nº75, 4715-313 Braga
www.hotel-lamacaes.com | info@hotel-lamacaes.com
Tel. +351 253 603 680 / 919 668 256 | Fax. +351 253 603 689
About entries and registration

All team entries must be made online at www.vilaverdemarathonec2013.com.

The registration system to be used will be the same from 2012 canoe Sprint European Junior and u23 Championship, so all national federations will use the same login at TEAM AREA in www.vilaverdemarathonec2013.com.

1. All national federations will be provided with a login at TEAM AREA in www.vilaverdemarathonec2013.com.

2. If your federation did not register in the 2012 canoe sprint event you will need to make a new registration in the same area. There you will have to provide general information about your federation.

3. After the approval from the organization you will receive a new email with your login details and after that you are ready to fill the different entities and make the accreditations.

4. During the accreditation all nations are asked to upload a digital photo of all team members. Of a correct size and type of picture is uploaded, your team members will have to do this at the venue, taking a lot more time.

The entries system will be online and available in following dates:

- Preliminary entries – January 2013 to February 15th
- Numerical entries – Until April 23th
- Nominal Entries – Until May 24th

In case of any problems with the online system please contact the organization by email at registration@vilaverdemarathonec2013.com.

About prices

The prices below are per person and per day with full board. Lunch will be at the venue. Breakfast and Dinner at chosen hotel.

<table>
<thead>
<tr>
<th>Category</th>
<th>Double</th>
<th>Single</th>
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</thead>
<tbody>
<tr>
<td>Category 1</td>
<td>90</td>
<td>110</td>
</tr>
<tr>
<td>Category 2</td>
<td>70</td>
<td>90</td>
</tr>
<tr>
<td>Category 2b</td>
<td>65</td>
<td>85</td>
</tr>
</tbody>
</table>

All participants (athletes, coaches, attendants, functionaries) have also included:
- accreditation card
- shuttle bus; on the competition days according to the timetable to be published;
- training bus running from 11th June – according to the timetable to be published;
- security service at the course;
- medical care at the course;
- fees for the use of the regatta course and its facilities;
- bottled water and coffee during competition days.

The participation fee does NOT include:
- transfer from and to the Airport

In case if hotel is booked independently, instead of through Organizing committee, then all team members of that national federation will have to pay a participation fee for 30,00 Euros per person per day. This fee does not include bus transfers from and to the Venue, daily.

Terms of Payment

- 30% of the total cost has to be paid before 21st of February 2013
- 75% of the total cost has to be paid before 23th of April 2013
- 100% of the total cost has to be paid before 24th of May 2013

No reservations are made until 30% is paid. The organization may cancel any reservation if no regular payments are made.

No transport from the airport is guaranteed or accreditation cards will be given without 100% payment has been done.

Cancellation Terms:

- Until 60 days before the arrival – Refund 100%
- Until 30 days before the arrival – Refund 50%
- from 29 to 15 days before the arrival – Refund 25%
- Minus 15 days before the arrival – No Refund

Account Details

All payments has to be done to the following Account
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SWIFT/BIC- BBPIPTPL
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No credit cards payment will be accept.

Entries & Registration

Prices

The prices below are per person and per day with full board. Lunch will be at the venue. Breakfast and Dinner at chosen hotel.

<table>
<thead>
<tr>
<th>Category</th>
<th>Double</th>
<th>Single</th>
</tr>
</thead>
<tbody>
<tr>
<td>Category 1</td>
<td>90</td>
<td>110</td>
</tr>
<tr>
<td>Category 2</td>
<td>70</td>
<td>90</td>
</tr>
<tr>
<td>Category 2b</td>
<td>65</td>
<td>85</td>
</tr>
</tbody>
</table>

All participants (athletes, coaches, attendants, functionaries) have also included:

- accreditation card
- shuttle bus; on the competition days according to the timetable to be published;
- training bus running from 11th June – according to the timetable to be published;
- security service at the course;
- medical care at the course;
- fees for the use of the regatta course and its facilities;
- bottled water and coffee during competition days.

The participation fee does NOT include:

- transfer from and to the Airport

In case if hotel is booked independently, instead of through Organizing committee, then all team members of that national federation will have to pay a participation fee for 30,00 Euros per person per day. This fee does not include bus transfers from and to the Venue, daily.

All team members have to pay for the Airport transfers.

Terms of Payment

- 30% of the total cost has to be paid before 21st of February 2013
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- 100% of the total cost has to be paid before 24th of May 2013

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<table>
<thead>
<tr>
<th>DAY</th>
<th>TIME</th>
<th>ACTIVITY</th>
<th>LAPS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>14:00</td>
<td>Team leaders meeting</td>
<td></td>
</tr>
<tr>
<td>June 6</td>
<td>00:00</td>
<td>Assemble for Opening Ceremony</td>
<td></td>
</tr>
<tr>
<td></td>
<td>00:00</td>
<td>Opening Ceremony</td>
<td></td>
</tr>
<tr>
<td></td>
<td>09:00</td>
<td>Start raft marshalling juniors</td>
<td></td>
</tr>
<tr>
<td></td>
<td>09:25</td>
<td>Raft marshalling closing</td>
<td></td>
</tr>
<tr>
<td>Friday</td>
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<td>5</td>
</tr>
<tr>
<td>June 7</td>
<td>09:33</td>
<td>K1 Women Juniors</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>09:40</td>
<td>C1 Men Juniors</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>11:15</td>
<td>Start raft marshalling</td>
<td></td>
</tr>
<tr>
<td></td>
<td>11:40</td>
<td>Raft marshalling closing</td>
<td></td>
</tr>
<tr>
<td></td>
<td>11:45</td>
<td>K1 Women u23</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>11:50</td>
<td>C1 Men u23</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>14:15</td>
<td>Start raft marshalling juniors</td>
<td></td>
</tr>
<tr>
<td></td>
<td>14:40</td>
<td>Raft marshalling closing</td>
<td></td>
</tr>
<tr>
<td></td>
<td>14:45</td>
<td>K1 Men u23</td>
<td>6</td>
</tr>
<tr>
<td>Saturday</td>
<td>09:00</td>
<td>Start raft marshalling juniors</td>
<td></td>
</tr>
<tr>
<td>June 8</td>
<td>09:25</td>
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<td></td>
</tr>
<tr>
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<td>5</td>
</tr>
<tr>
<td></td>
<td>09:33</td>
<td>K2 Women Juniors</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>09:40</td>
<td>C2 Men Juniors</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>11:15</td>
<td>Start marshalling closing</td>
<td></td>
</tr>
<tr>
<td></td>
<td>11:40</td>
<td>Raft marshalling closing</td>
<td></td>
</tr>
<tr>
<td></td>
<td>11:45</td>
<td>K1 Women</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td>11:50</td>
<td>C1 Men</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td>14:15</td>
<td>Start raft marshalling</td>
<td></td>
</tr>
<tr>
<td></td>
<td>14:40</td>
<td>Raft marshalling closing</td>
<td></td>
</tr>
<tr>
<td></td>
<td>14:45</td>
<td>K1 Men</td>
<td>7</td>
</tr>
<tr>
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<td>09:00</td>
<td>Start raft marshalling</td>
<td></td>
</tr>
<tr>
<td>June 9</td>
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<td>Raft marshalling closing</td>
<td></td>
</tr>
<tr>
<td></td>
<td>09:30</td>
<td>K2 Women</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td>09:35</td>
<td>C2 Men</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td>12:00</td>
<td>Start raft marshalling</td>
<td></td>
</tr>
<tr>
<td></td>
<td>12:25</td>
<td>Raft marshalling closing</td>
<td></td>
</tr>
<tr>
<td></td>
<td>12:30</td>
<td>K2 Men</td>
<td>7</td>
</tr>
<tr>
<td></td>
<td>15:15</td>
<td>Closing Ceremony</td>
<td></td>
</tr>
<tr>
<td>DAY</td>
<td>Nr</td>
<td>TIME</td>
<td>AGEGROUP</td>
</tr>
<tr>
<td>-----------</td>
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<td>--------</td>
<td>----------</td>
</tr>
<tr>
<td>**June 5</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(Wednesday)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>08:30</td>
<td>Briefing</td>
<td>IF NECESSARY SEE NOTICE BOARD</td>
</tr>
<tr>
<td>1</td>
<td>09:00</td>
<td>K1 women</td>
<td>55-59</td>
</tr>
<tr>
<td>2</td>
<td>09:05</td>
<td>K1 women</td>
<td>60-64</td>
</tr>
<tr>
<td>3</td>
<td>09:10</td>
<td>K1 women</td>
<td>65-69</td>
</tr>
<tr>
<td>4</td>
<td>09:15</td>
<td>K1 women</td>
<td>&gt;70</td>
</tr>
<tr>
<td>5</td>
<td>09:20</td>
<td>C1 men</td>
<td>55-59</td>
</tr>
<tr>
<td>6</td>
<td>09:25</td>
<td>C1 men</td>
<td>60-64</td>
</tr>
<tr>
<td>7</td>
<td>09:30</td>
<td>C1 men</td>
<td>65-69</td>
</tr>
<tr>
<td>8</td>
<td>09:35</td>
<td>C1 men</td>
<td>&gt;70</td>
</tr>
<tr>
<td>9</td>
<td>09:40</td>
<td>K1/V1</td>
<td>Disabled</td>
</tr>
<tr>
<td></td>
<td>10:45</td>
<td>Prizgiving</td>
<td>Start with the youngest group K1 women</td>
</tr>
<tr>
<td>10</td>
<td>11:15</td>
<td>K1 men</td>
<td>55-59</td>
</tr>
<tr>
<td>11</td>
<td>11:20</td>
<td>K1 men</td>
<td>60-64</td>
</tr>
<tr>
<td>12</td>
<td>11:25</td>
<td>K1 men</td>
<td>65-69</td>
</tr>
<tr>
<td>13</td>
<td>11:30</td>
<td>K1 men</td>
<td>&gt;70</td>
</tr>
<tr>
<td>14</td>
<td>11:35</td>
<td>K1 women</td>
<td>35-39</td>
</tr>
<tr>
<td>15</td>
<td>11:40</td>
<td>K1 women</td>
<td>40-44</td>
</tr>
<tr>
<td>16</td>
<td>11:45</td>
<td>K1 women</td>
<td>45-49</td>
</tr>
<tr>
<td>17</td>
<td>11:50</td>
<td>K1 women</td>
<td>50-54</td>
</tr>
<tr>
<td>18</td>
<td>11:55</td>
<td>C1 men</td>
<td>35-39</td>
</tr>
<tr>
<td>19</td>
<td>12:00</td>
<td>C1 men</td>
<td>40-44</td>
</tr>
<tr>
<td>20</td>
<td>12:05</td>
<td>C1 men</td>
<td>45-49</td>
</tr>
<tr>
<td>21</td>
<td>12:10</td>
<td>C1 men</td>
<td>50-54</td>
</tr>
<tr>
<td></td>
<td>13:45</td>
<td>Prizgiving</td>
<td>Start with the youngest group K1 men</td>
</tr>
<tr>
<td>22</td>
<td>14:00</td>
<td>K1 men</td>
<td>35-39</td>
</tr>
<tr>
<td>23</td>
<td>14:05</td>
<td>K1 men</td>
<td>40-44</td>
</tr>
<tr>
<td>24</td>
<td>14:10</td>
<td>K1 men</td>
<td>45-49</td>
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<tr>
<td>25</td>
<td>14:15</td>
<td>K1 men</td>
<td>50-54</td>
</tr>
<tr>
<td></td>
<td>16:00</td>
<td>Prizgiving</td>
<td>Start with the first group</td>
</tr>
<tr>
<td>26</td>
<td>16:00</td>
<td>Prizgiving</td>
<td></td>
</tr>
</tbody>
</table>
In addition to the touristic suggestions made in Chapter 2 of this document, the O.C. prepared an itinerary/route throughout Vila Verde, to allow guests to experience the best this region has to offer.

Itinerary – Ways of Romance, in Vila Verde
Passion, Adventure, Flavors, Discovery, Fun

Vila Verde offers you all this. Visiting, exploring and learning about Vila Verde can be a surprising experience, by allowing history and art to speak about the architectural and intangible heritage, throughout the love manifestation contained in the "Valentine’s Handkerchiefs" (lenços dos namorados), embroidered, in time, by passionate young girls.

It is also a great opportunity to be surprised by the rural tourism in rural areas that focus mainly on familiar hospitality, in the beauty of the surrounding countryside, in the gastronomy (jams, cheese and juices made with natural products from their own homes and that are served at breakfast for guest tasting), in local architecture and traditions, as well as in a diverse range of entertainment activities.

About Masters Event

The masters race will be organized between 5 and 6th June 2013, as usual. All Masters registration and entries are made in the same online portal as for European Championship event. National federation will have to choose the masters race and fill the entries and accreditations in the same way.

No entries will be accepted if not coming from national Federation of the athlete. The organization will not cover or promote any type of accommodation or transport for the participants. We think that the best option is for everyone deal with they one arrangements.

The participation fee has to be paid, before arrival. No accreditation and boat numbers will be given, without 100% payment confirmed.

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SWIFT/BIC- BBPIPTPL
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No credit cards payment will be accept.

We are available to help you find the best options in Braga, Vila Verde or Prado. There will be a participation fee for all masters: 50 euros per event per person.

This will include:
- Event participation
- Security & First Aid
- Car and trailer Parking
- Accreditation
- Camping on site.

It is possible to have lunch at the regatta course from 4 to 6th June 2013 for all masters participants. The price will be 12 euros per persons per meal. Lunch tickets can be bought in the day before, at info point, or by email to the OC.

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masters event
Social program

Designation: Ways of Roman

ce in Vila Verde.

Product group: Cultural and

landscape touring.

Product justification: Vila

Verde’s main brand image is

the Valentine Handkerchiefs,

which are related with a vast

and rich tangible and intan-
gible heritage, spread through-
gout the 58 parishes.

Product description: Imple-
mementation of an itinerary in

the municipality of Vila Ver-
de in particular to the cultu-
ral heritage of religious and
civil nature, with the inclusion
of various touristic entertain-
ment activities.

Location: Parishes of Vila Ver-
de.

Schedule

Open all year round. However, it’s recommended on the long we-
ekends.

Program description

Day 1

Starting place / still to be defined.

Show up 30 minutes before departure time (time and place still

to be determined). Starting with personalized greeting and ac-

commodation service on the bus. Departure to the Craft Alliance,

followed by a visit to the Regional Cheese Production Factory Mo-
inhas Novas (New Mills). Visit to the Museum of Sacred Art of Pico
de Regalados. Wine tasting at Quinta do Pico.

Visit to Mixões da Serra, followed by a visit to the Wolf Trap in

Gondomar. Lunch at a local restaurant where one can taste

the county’s main gastronomic delicacies Picano Chão (chicken

Blood Rice, an exotic and delicious Portuguese recipe) and Abbot

of Priscos pudding. Visit to the Municipal Stadium, Shooting Range

and Municipal Leisure Complex. Departure to Vila de Prado. Visit

to the Bridge and Pillory of Prado. Dinner at a local restaurant with

a folklore group. END OF THE VISIT.

Day 2

Starting place / still to be defi-
ned.

Show up 30 minutes before de-
parture time (time and place still
to be determined). Personalized

greeting services and accom-
modation on the bus. Visit to

the Tower House, a magnificent

example of Baroque architec-
ture and religious architecture of

the period of the Estado Novo.

Following is the Church of Sou-
telo and the Sanctuary of Our
Lady of Relief and the House of
Alms to know the Legend of the

Snakes. Lunch at a local restau-
rant with traditional animation.

Departure to Penegate Tower,
built in the sixteenth century that

had as its agent Mem Rodrigues
de Vasconcelos, Captain-Ge-
neral of the castle of Guimarães,

whom, after obtaining a royal
license from D. Dinis on 5th of

1322, began its construction. Visit

to the Lusitana Equestrian Aca-
demy of Art. This will be the ideal

moment to delight yourself with

a body and mind renewal at the

SPA of Mercy and get caught

up in an inspiring atmosphere,

full of unique and unforgettable
moments, through the magic of
light scenarios, scents, the touch
of soft delicate hands, the sound
of water drops and the touch of the
essential oils. Before a brief

passage through Teciborda,

where if you desire you may pur-
chase a piece of regional craft
to always have Vila Verde near

you. Dinner at a local restaurant

with folklore group. END OF VISIT.
Resources to integrate in the itinerary

1st António Municipal Event
Location: Vila Verde
Key features: Concerts, traditional village party, concertina meetings, regional tavern, etc.

Aliança Artesanal (Craft Alliance)
Location: Vila Verde
Key features: Concerts, traditional village party, concertina meetings, regional tavern, etc.

Museu de Arte Sacra de Pico de Regalados
Location: Pico de Regalados
Key features: Sacred art museum.

Quinta do Pico
Location: Vila do Pico de Regalados
Key features: Wine tasting and Equestrian Centre.

Fojo do Lobo
Location: Gondomar
Key features: The wolf trap of Gondomar, considered one of the largest traps in the Iberian Peninsula, has two ditches and a wall with a length at about 2km. The constant attacks from wolves to livestock and the insecurity among the population led to the construction of this wolf trap.

Santo António de Míxões da Serra
Location: Valdres
Key features: Viewpoint; Animal blessings.

Municipal Stadium visit
Location: Vila Verde
Key features: The Municipal Stadium of Vila Verde is a modern infrastructure created to be at the service of sports training and it’s prepared for practices and games of football and soccer, clubs, associations and informal groups, offering a bench with capacity of 3000 people, a weight room for athletes and a synthetic turf.

Companhia de Lazer Municipal
Location: Vila Verde
Key features: The Leisure Complex of Vila Verde is equipped with a spacious and very modern gym with more than 20 modern weight training machines and cardio-fitness, a 25 meter pool for swimming and water aerobics, a pool for children, 2 rooms for Beat Attack, Beat Combat, Beat Pump, Beat Step, Beat Limit, Cardio Beat, Beat Cycle and K1, sauna, bar and lounge with panoramic view. Outside there are two multisport fields with synthetic turf to play tennis and soccer.

Shooting range
Vila Verde
Key features: The Hunting and Fishing Club of Vila Verde. It’s consisted of three fields of fire with Olympic rules Pit, Universal Trap, Trap, Double trap, Flight Shooting. Secretariat, the lodge, gunsmith, snack-bar and restaurant.

Ponte e Pelourinho de Prado (Prado’s bridge and pillory)
Location: Vila de Prado
Key features: National Monument and a Public Property of Public Interest; Cavado river.

Casa da Torre (Tower House)
Location: Soutelo
Key features: It was built in the eighteenth century, being a magnificent example of Baroque-type house – tower of the period of the Estado Novo (New State).

Soutelo’s Mother Church
Location: Soutelo
Key features: Considered as a unique example in the north of the country, with a rich set of stone statues of saints, placed on the walls of the churchyard opposite the façade, to the north of the church.

Nossa Senhora do Alívio
Location: Vila Verde
Key features: Marian Shrine and Snake Legends.

Penegate Tower
Location: Carreiras S. Miguel
Key features: A visit to the Penegate Tower is an excellent opportunity to experience a remarkable example of a medieval tower house.

Equestrian Academy Arte Lusitana
Location: Lage
Key features: Riding, training, equestrian shows such as games practiced in the court of the eighteenth century.

Teciborda
Location: Vila Verde
Key features: Local crafts.

SPA da Misericórdia
Location: Vila Verde
Key features: Jacuzzi, Scottish Shower, Turkish Bath, Sauna, Vichy Sower, Nutritional Guidance, Dermatology, Fitness, Water Aerobics.